



Covid-19: Your Rights While Shopping.

According to Regulation 6(2)(a) of the Health Protection (Coronavirus, Restrictions) (England) Regulations 2020, you are permitted to leave the house to:

- “obtain basic necessities, including food and medical supplies for those in the same household”
- this includes “any pets or animals in the household”
- you are also allowed to purchase items “for the essential upkeep, maintenance and functioning of the household”, and to withdraw money

There is no restriction on what type of food you are allowed to buy.

There is no list of ‘essential food items’. Food in general is classed as a basic necessity.

There is nothing to suggest that police are permitted to monitor your shopping.



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KEY QUESTION:

"Which regulation am I violating?"

BYSTANDERS:

If somebody is being unfairly targeted, help them! Record video, stand where they (& the police) can see you, ask what rules they've broken. Remember to stay safe & practice social distancing.

If you get issued with a fixed penalty notice under any of these regulations, Regulation 10 stipulates that:

- it has to be £60 (if it's your 1st one)
- they have to give you 28 days to pay it

READ THE REGULATIONS: <https://tinyurl.com/CovidCops>

FIND A SOLICITOR: <https://tinyurl.com/NetpolSolicitors>

CORRECT AS OF 10 APRIL 2020